



THE YEAR OF THE WOOD DRAGON

February 10, 2024, Enter the Dragon

CRYSTAL SKULL WORLD PEACE MEDITATION

Celebrating February as we enter into the
Year of the Dragon...Harry Nichols & Kathy
Welter

Crystal Skull Conclave World Peace Meditations

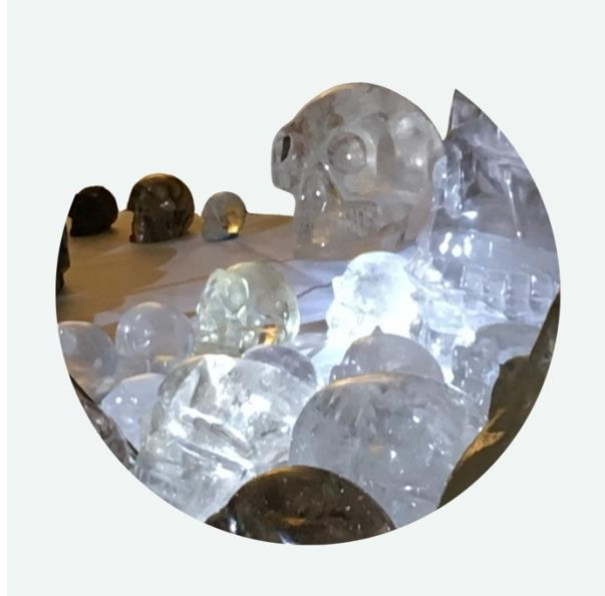
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We are all part of the global stretch for World Peace, *you are not alone in this...*

More important than ever – as each individual steps forward to become part of the solution re-writing the ancient script of “separation”

This is a time when humanities greatest struggle is currently underway to evolve into a new consciousness.

The peace meditation, for the individual who embraces this and holds with this practice themselves, is inviting peace in their world and peace in the world around them, wherever they might find themselves. Whatever latitude or longitude, in that place, in that moment and individual, is the blueprint for peace



Given the state of the world, there will be more and more Peace Meditations arising in the next few weeks and months, so all Peace Meditations become as One Peace Meditation.

There is one single attribute at the core, *to embrace peace*. As individuals begin to embrace peace through the practice of the meditations they are eventually going to become more peaceful themselves. More peaceful in their lives, peaceful in turning away from conflict, refusing conflict, choosing not to engage at that level. When you step away from conflict, consciously in your life, as it arises, it is a choice to resist: “I’m not going to be anxious or upset, or be frustrated or stressed with what is happening here now”

If every aspect of human interaction was done with peace at the core, then things would resolve quickly. People would speak as *their truth*, not as the ONLY TRUTH, a defended truth, which simply reinforces separation. The more you focus on Peace within the cells in your own body the DNA the very essence of Peace within your body, releases and responds to peace.

It will become difficult to follow conflict in your day to day world. You will see incidents happen and wonder, at how everything came together to create that. And observing you will not be attached, or moving into questions “why would, when would...who would” separating your attachment to the conflict ...essentially setting you free.

As humans begin to consciously align and choose, “I will not be a part of this, I will not hold the energy of it... I choose peace”, and reject these conflicts in their daily interactions, peaceful resolutions will unfold right before their eyes.

What if these conflicts are coming right to your door? Your residence, someone you work with, your partner, your children... someone is making decisions for you, like governments, and taxes and *things just don't seem to change*.

Individuals are in chaos energetically, they cannot help but wonder, "why is this happening to me everything was going well, and now I'm on hold for 4 hours waiting for someone on the government to tell me why I've been selected against". And individuals feel catapulted into these situations and one can feel attacked even victimized, as anger rises, blaming others, misery, ill health, stress...

How did this get created? What were the thoughts before this happened? Everything was going well, I got a raise, everything was going well.. All of a sudden I could see my life unfolding without conflict, no chaos...it was perfect...and now I'm stuck in the chaos one more time.

With awareness you begin to see the Mirror and what you were putting back into that mirror and how it has been increasing in what it is sending back to you. Consciousness. Get very clear about what you want to experience. Are you there yet?

And we say this to you...this is the moment, the moment you make a decision, and yet these other moments keep coming, have you noticed? Here it is again, knocking at my door? What are you going to do about it?

Because only you inside can choose to take peace seriously and embrace it, and when you do, your external world begins to change. Almost as if it were magic...Suddenly out of know where, countries begin to communicate instead of top down aggressive controlling measures. The agendas of one person are revealed... he had an inner plan that he engaged from ego, his government would have more influence and all because of him. *Missing that the new time line* is far better supported as countries evolve and are honored and supported and begin to take care of themselves...working together.

Everyone has an agenda everyone decides how to do things. When someone interrupts it, it can be taken as an affront, "But this was the best way, I figured this out, this was the best way, I thought of everything, my way was best"

Now suddenly it's not so good for someone else. When you take on this global peace perspective, meditation using the crystals and crystal skulls, as we explained, this is an amplification of Peace *working in you* to help yourself attain a greater state of peace. And it will work on you, and continue to do so. When you become a Channel of Peace...you recognize where things are not peaceful.

Now you choose instead, *this feels like it's going to be challenging and difficult*. The emotional turbulence is stirring up. Its reminding me of how I felt towards my father or my mother. Or how challenging it was in first grade, or when I didn't get what I wanted in my education. Or I was

denied something and felt awful. When I was rejected by my first love, or someone close to me died. And now I'm into the emotional soup. And I feel awful...

What if you couldn't get that old feeling back? Couldn't actually access those feelings of separation, rejection, anger or fear?

What if that was partly to do with the peace meditations you have been doing. In that your body and mind – your body and brain – the chemistry in your body has a hard time stirring up. And in the moment you recognize it, and realize it's an old pattern. What if I choose to stay calm breathe, and relax and focus on one of the many new Rays we're working with and simply embrace "I am not separate from this, there is someone here blocking me, stopping me from having what I want" and still, I choose peace.

Instead I choose "this or something better"; I choose Peace.

Wait a minute... does that mean I let people get away with things, when someone behaves badly does that mean I shouldn't shake my fist and get angry and stand up for myself? Not complain? Don't react, won't people think I'm weak? What about my boundaries? My right to defend myself, my residence, my income?

And then the stories float out of our past, "my father silenced my voice, my mother undermined me, I have trauma attached to me from my siblings and there were issues at school and teachers that were terrible..."

All that repeated story board consists of the *Emotions* attached to them as memory circuits stored in the brain ready to fire off and deliver a massive chemical release in the body *...if you let it.*

This is all part of the old model currently under immense massive revolution. Let us explain this to you... Higher frequency and Higher Consciousness will always influence lower consciousness and lower frequency. If you follow the old consciousness, *you are going to go low.* And with fifth dimensional thinking you are feeding this into your consciousness and programming your future from your past. All delivered in the moment, and you had a choice.

You find yourself in a place drawn to it, because it was spiritual and you get there and while there you can't think of any of the bad thoughts or old triggers. *I'm not good enough, I'm not smart enough, I haven't made as much, my husband and I aren't right together, is this all there*

Those thoughts are parked at the door, and they don't manifest at a place where you are in Higher Frequency and begin to laugh and enjoy yourself. Like leaving your shoes at the door. When you leave you put your shoes on, and the old thoughts arise.

What if you chose not to put those shoes back on. This is how the Peace Meditations will change this. Your crystals and crystal skulls will be working through the Peace of the conclave,



and you will be experiencing the advancing energy. Crystals are manifesters and amplifiers; more peace you focus on the more peaceful you become. Now more peace is growing between you and your world. You can see the outcome of this. Fear, anxiety, stress and worry just fall away as you enter into a new experience co-creating with what you want rather than harvesting from the past, what you don't want.

People notice, others notice, you are different, you feel much different. As you choose peace, you become a carrier of this inner vibration of peace you are choosing

But what happens to the conflicts around you? They still exist. The interactions that don't go the way you expect, and you say "I'm doing peace, 24/7 why is this happening to me?"

This is all part of the Soul's Growth and the Soul craves experience and each and every time you are triggered you have another opportunity to choose, which way will I go, which path will I follow?

Will I go the way I've always gone? Won't I just go there, I'm not letting people run over me? I've been fighting my whole life.

When you are faced with these events out of nowhere they will arise, and it will be there – late for an appointment, can't find my keys, where did I leave my cell phone...whatever arises...haven't got enough money for the mortgage this month...

Whatever arises... choose peace. Bring your energy field into the center of peace. And from this peaceful place, ask for "this or something better" as frightening as that might be, to trust the evolution of consciousness, to trust peace, to trust – as frightening as that might be... we ask you: to try it.

Try it. *This or something better.* Suddenly and quickly things will turn around for you. How quickly the changes evolve. How fast things will move to support you. "This whole scary thing is washing over me...I'm right up against it..." Bring your energy to "this or something better" choose peace – choose calm, and expect something better.

Just be there. After a while, a few of these situations under your belt, *and a big one will come*, a crisis, and it will challenge, and push those buttons, “this is really big, this shouldn’t be happening I’ve been doing all this peace work and here I am right up against it again”

It’s alright you might lose one or two of these. But when the whole thing is done and dusted, come back to this, *what could I have done differently?*

What if something bigger arises again? I wonder if I could have, if I might have, instead of dropping into the lower frequency, the victim, I could have invited “*this or something better*” and just focused on what I want

And I could have engaged in the Higher Frequency & choose peace. In small doses like this, and that might not seem fair, because in the moment *its huge for you*, we do not minimize your experience; however, we encourage you over this year: I choose peace, I choose peace first, I choose peace.

No arguments, no rants or raving, and see what happens.

Once you have this methodology in place, the FIELD itself, begins to play with you. You begin to see its just me mirroring something back into the field. “FIELD find a way to make this situation better.” And because you are consciously residing in a peaceful place the co-creation begins.

“You won’t believe what I did, I started to share my upset, and I saw what I was doing, and so I made changes myself, and before you know it the whole thing was different.”

Peace...this is the Global Movement, choosing Peace over Conflict. This is what we are doing as we engage these peace meditations.

Now depending on who is attending the meditations, they will change. Different insights, different movements, different requirements will arise for different attendees. There may be some of you that are willing to hear all this and fearful of trusting or trying it. What if it doesn’t work out? And to that we say “What if it does?” You won’t know until you try.

Because you are here, reading this the moment you begin to do the Peace Meditation in your life, you become a channel for Peace

Peace begins to work through you, you become a beacon in a world of chaos holding presence. *Asking in the moment for something better.*

In the moment there is such chaos, death, bloodshed, the emotions are so high, and if just one of you can be in peace, one of you in the moment, call the Light and Higher Frequency, and become awareness, and it will move it much faster than you would have ever thought possible.

Begin to play with this concept, *Not this, something better*, and then let it be.

Resume a peaceful mindset, in a moment of chaos, be the Peace.

The reason you are here, agreeing to do these Peace Meditations with the Crystals Skulls is because there is a part of you that knows this is where you are meant to be. You are meant to be a Lightworker carrying the Light and Frequency for many.

We suggest, you will come across others that are struggling, its best to allow them their illusions, rather than try to convince otherwise. "A person convinced against their will is of the same opinion still" – instead resume your own Higher Frequency state access PEACE within you and radiate Peace through your 360 Torus Field.

And let them be.

While you may have lost, had taken away, or had to give up, you are choosing peace, and you are part of this movement at now. The octave is stirring and people are awakening. Be the change you want to see in the outer world, be the Peace.



Many of the Light Workers have been so distraught, wondering what can we do? Everyone is still fighting and way worse than ever...what can we do? And many of the Light Workers have fallen into depression and despair – now we say – **Remember who you Truly Are!**

Remember the path you chose to walk this lifetime and arise. It's time for the Light Workers choose Peace CSC – February 13, 2024